

**CORPORATE PARENTING  
ADVISORY COMMITTEE**

**26 JUNE 2023**

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**REPORT OF THE DIRECTOR, CHILDRENS SERVICES**

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**ENFYS, A PSYCHOLOGY LED SERVICE FOR CHILDREN THAT ARE LOOKED AFTER UPDATE**

**Reasons for the Report**

1. This report has been prepared to provide the Committee with an update in relation to Enfys; a Psychology led Service for Children that are Looked After.

**Background**

2. The service, previously known as the Developmental Trauma Service, was established in August 2016 and was originally just a part-time Clinical Psychologist who then became full time in August 2017. The service has always offered support to both Cardiff and the Vale of Glamorgan. The service was originally commissioned from money in the Health Board and recent investment from Cardiff Social Services, the Vale Social Services, the Health Board and Education has allowed the expansion of the service. In May 2020 the service was re-launched as Enfys, which means rainbow in Welsh, and was suggested as a name by one of the young people that they were working with.

**Issues**

**How the Service works**

3. Enfys has grown and expanded in recent years and now consists of a range of Psychologists, Mental Health Workers and Occupational Therapist. Enfys has a pyramid model which explains how support is offered. There are over 1300 children who are looked after in Cardiff and the Vale of Glamorgan. To meet this demand the service provides a predominantly consultation-based model of service delivery. Once a family or child has had support at one level, they can move up to the next level if it is considered there is a need for more intensive support.
4. The number of families Enfys works with at each level decreases as you go up the pyramid. The service supports foster carers, social workers, teachers, or

anybody else involved in a child's care, to complete the nurturing attachment group. Enfys offers play therapy and attachment groups at the different levels, as well as being able to provide Dyadic developmental psychotherapy (DDP), which is an attachment-focused therapy, for a small number of children and families at the top tier of the pyramid for those most in need.

### **Financial Implications**

5. There are no direct financial implications arising from this report but if in the carrying out improvements in how the service meets the needs of our Looked After Children then the funding source needs to be identified prior to spending and within existing overall budgetary allocations.

### **Legal Implications**

6. There are no legal implications arising from this report.

### **RECOMMENDATION**

7. To note the update on Enfys and to make any observations or comments.
8. To consider how the service meets the needs of our Looked After Children; whether this is sufficient to meet the numbers of children Looked After; and how it is reported to the Committee going forward.

**DEBORAH DRIFFIELD**  
**DIRECTOR, CHILDRENS SERVICES**  
**16 JUNE 2023**

Appendix A - Presentation